

**A Workshop
On
Assertiveness for One's Emotional and
Personal growth**

REGISTRATION FORM

Click here to register

Name:

Roll no/Emp Id:

Qualification:

Department:

Organization:

Address for Correspondence:

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Mobile:

Email:

Declaration by the Applicant

I agree to abide the rules and regulations of the workshop of IARE and shall attend all the sessions compulsorily.

Date:

Signature of the Applicant

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Institute of Aeronautical Engineering, Hyderabad

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Institute of Aeronautical Engineering, Hyderabad

Organised

by

Institute of Aeronautical Engineering, Hyderabad

**ASSERTIVENESS FOR ONE'S
EMOTIONAL AND PERSONAL
GROWTH**

March 4-15 March, 2019



Organized by

Institute of Aeronautical Engineering

Dundigal, Hyderabad - 500 043

Telangana, INDIA

VENUE

Institute of Aeronautical Engineering

Sarang Hall, Bharadwaja Block Dundigal

Hyderabad - 500 043 Telangana, I

ABOUT THE INSTITUTE

Institute of Aeronautical Engineering (IARE) was established in the year 2000 with a mission 'Education for Liberation'. Started with aircraft maintenance engineering in the year 1994, it has gradually transformed itself into a premier integrated inter disciplinary technological institute offering UG and PG programs in CSE, IT, ECE, EEE, AERO, MECH and CE and MBA.

IARE is a prestigious **Autonomous** institute approved by AICTE, New Delhi; recognized by Govt. of Telangana; permanently affiliated to Jawaharlal Nehru Technological University Hyderabad (JNTUH); and accredited by National Assessment and Accreditation Council (NAAC) with 'A' Grade.

The institute is ranked **139** in engineering category as per **National Institutional Ranking Framework (NIRF)** – 2019, Ministry of Human Resource Development (MHRD), Govt. of India. From rank band 151-200 in 2017, IARE has risen to the rank of 139th best engineering institution in India. This illustrates positive performance and quality standards we maintain in teaching, research, employability, and innovation. It is the most preferred institute with 100% admissions in the state of Telangana.

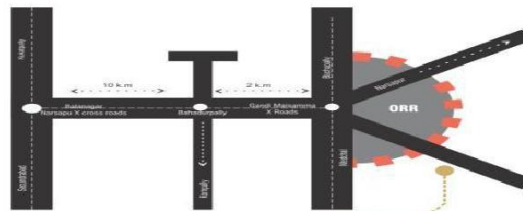
ABOUT THE WORKSHOP

Assertiveness is the quality of being self-assured and confident without being aggressive. In the field of psychology and psychotherapy, it is a skill that can be learned and a mode of communication. It is considered a critical life skill and recommended for children to develop. Assertiveness is a communication skill that can be taught and the skills of assertive communication effectively learned. This workshop helps to gain full information about assertiveness.

OBJECTIVES OF WORKSHOP

1. To apprise on the concept of assertiveness and various communication styles
2. To highlight some common obstacles to assertiveness
3. To discuss possible solutions to the obstacles of assertiveness
4. To suggest some possible steps for practicing assertiveness

Route Map



TOPICS TO BE COVERED

- Assertiveness and the 4 Communication Styles
- Common Obstacles to Assertiveness
- The Benefits of Assertiveness
- What Assertiveness Really Means
- How to Practice Assertiveness

Many Practice sessions followed after talks

PARTICIPANTS

The faculty, students, corporate staff and parents are eligible to attend for the workshop.